



School Nutrition Culinary Training on Demand

A Montana Team Nutrition Success Story

Montana Team Nutrition is pleased to share the following on demand culinary training videos that were developed as part of the Montana Cook Fresh High Quality School Meals Initiative. Montana Office of Public Instruction School Nutrition Program Specialist Deb Jones, RD demonstrates how to make a variety of fun and tasty recipes focused on using legumes and whole grains. To watch each video, either click on the thumbnails below, or visit the [Montana Team Nutrition YouTube page](#). Recipes available upon request.



Black Forest Overnight Oats



Easy Oven-Baked Falafel



Zesty Oat, Corn and Black Bean Salad



CITRUS WHOLE GRAIN BREAKFAST BOWL



brownie batter hummus



ROASTED CHICKPEAS

Learn More

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www.montana.edu/teamnutrition

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<https://www.facebook.com/MontanaTeamNutrition>

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