

Shopping in Style Guidelines

Year 1 -3 – complete the Shopping in Style project book (4-H435)

Beyond year 3 – Take the project as Independent Study. Write 3 goals for your project that you plan on completing during the year. Below is a list of ideas to assist in setting your goals for the year. This is not a complete list – you can be creative and set goals based on what you want to learn.

Career Exploration – Explore different clothing and textiles careers. What skills do you have? What skills might you need to learn or improve? Interview people and research jobs.

Body Type and Shape – Picking clothes that will present a positive image of your body.

Accessories - Shoes and footwear, hair accessories, purses/bags, learn to tie a tie or scarf.

Do a promotional presentation - Club, county, district or state.

Teach a class - Work with an individual one-on-one or teach a group.

Buying seasonal clothing - Sale calendar for bargain hunters. When do clothes come and go for each season?

Advertising – How is advertising used in clothing and textiles sales?

Color Analysis – What colors look best on you?

Learn about body language and posture.

Do a community service activity related to your project – Help an elderly or disabled person sort and wash their laundry. Apply something you learned about clothing to benefit the community.

Clothing terminology – Learn about the different clothing terms used.

Repurposing and recycling clothes – Take two garments and put them together to make a new one.

Evaluate your buying habits – Needs vs. Wants. Do some comparison shopping.

Altering clothes – Try ideas to alter your clothing to fit your style.

Repairing clothes – Replacing buttons and zippers, fun ways to patch, etc.

Clothing care – Learn to read fabric care labels. Where else in your home could you find this kind of labeling? Stain removal.

Compare stores - Department stores, specialty stores, chain stores, discount stores, factory outlets, warehouse surplus outlets, catalogs, online, etc.

Wardrobe needs evaluation – Evaluate your current wardrobe and determine what you need to make it more complete. Evaluate your wardrobe prior to an event, activity or trip to determine additional needs.

Reading clothing labels - First quality vs. “irregular” or “seconds”.

Grooming – Learn more about different hair styles, make up, nails, etc.