

Gallatin 4-H Achievement Journal

Activities from October 1 to September 30 of current 4-H Year

Name _____ Phone _____

Address _____

Town/City _____ Zip code _____

Gender: Male _____ Female _____ Grade in School _____ in 4-H year

Birth Date _____ 4-H Age (age on Oct 1) _____
Month Date Year

Name of my current 4-H Club _____

I have been a 4-H Member (ages 8-18) for _____ years, plus _____ years as a Cloverbud (5-7).

Name of Parent/Guardian _____

How to Fill Out the Journal:

- Complete the journal for the **current 4-H year only** (Oct. - Sept.) and add any details needed.
- Refer to the **Scoring Guide** that is included at the end of this packet for clarification about specific sections.
- **You may only count each activity ONCE** and do not add additional lines to the form. You are limited to the lines provided.
- Circle the number of points earned. **1 Point vs 2 Points**: attendance or basic participation at the event would be 1 point. 2 Points would be given for those doing extra work for the event: i.e planning, teaching, leading a workshop. There is a maximum of 2 points regardless of the number of days/events a member participates in.
- Total your points on each page and total all points on the signature page.
- Turn completed Gallatin County 4-H Achievement Journals to the Gallatin County Extension Office by due date.

Additional notes:

- When your parent or guardian and your leader sign this journal they are verifying that the information is correct.
- A new journal form must be filled out each 4-H year.

General Information

Gallatin County 4-H Member of the Year Award

Each year Gallatin County Unlimited Leaders Council gives awards to outstanding 4-H members in the form of scholarships. These scholarships are provided by the Gallatin County 4-H Foundation and generously sponsored by the **Harris and Elizabeth Kirk Trust**. The number and dollar value of the scholarships vary yearly based on the number of qualified applicants, as well as the availability of funds.

The 4-H Member of the Year Award Winners are to be recognized for their outstanding achievements in 4-H and is determined off of a points-based scoring system. To be eligible for this award, youth need to fill out this Achievement Journal to the best of their ability.

The information submitted on this form may also be used to derive additional awards; determined yearly by the Committee and based on responses submitted.

This journal and subsequent awards are only for currently registered Gallatin County 4-H Members who were 8 - 19 years old on October 1st of the current 4-H year.

For more information:

- Please check the Scoring Guide at the end of this packet, as it provides clarification for most areas.
- If more assistance is needed, contact the Gallatin County Extension Office at gallatin4h@montana.edu or (406) 582-3280.

Yearly Journals are records of your involvement in 4-H and other organizations. Your journal will help you complete your record book, apply for scholarships, complete a job resume, and remember the fun times you had in 4-H.

Complete one journal for each year you are a 4-H member.



SECTION 1: 4-H CLUB

a. 4-H Club Membership

- i. I am a current Club Member in _____ Club (5 points)
- ii. I attended at least 70% of club meetings - I attended _____ meetings out of a possible _____ meetings during the current 4-H Year (2 points)
- iii. I **do not** belong to a 4-H Club and am a Member at Large _____ (1 point)

b. 4-H Club Activities - I participated in (1 point) or helped organize (2 points) these Club Activities:

Name of Activity	Date	Location	Participant	Planning Committee
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points

c. 4-H Club Offices - I held these Positions in my Club:

Club _____ 2 points

Club _____ 2 points

d. 4-H Club Committees - I was an active member or chaired the following Committees:

_____ 1 point

_____ 1 point

_____ 1 point

Total points for Sec. 1 _____

SECTION 2: 4-H PROJECTS

- a. **4-H Projects** - I was enrolled in and completed the following project(s) along with the completed record book.

Project #1 _____ 2 points

Project #2 _____ 2 points

Project #3 _____ 2 points

Project #4 _____ 2 points

Project #5 _____ 2 points

Project #6 _____ 2 points

Project #7 _____ 2 points

Project #8 _____ 2 points

- b. **4-H Project Activities** - I participated in (1 point) or helped organize (2 points) these Project Activities:

Name of Activity	Date	Location	Participant	Planning Committee
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points

Total points for Sec. 2 _____

SECTION 3: 4-H AWARDS, PROMOTIONS & FUNDRAISING

- a. 4-H Awards** - I was awarded recognition related to my performance in 4-H activities (4-H Scholarships, Herdsmanship, Grand/Reserve Champion, etc...)

Name of Award	Awarded By (if applicable)	
		2 points
		2 points
		2 points
		2 points
		2 points
		2 points

- b. Promotional Presentations** - I participated in the following activities that Promote 4-H:

_____ 1 point

_____ 1 point

_____ 1 point

_____ 1 point

- c. Financial/Fundraising Activities** (i.e. MSU Concessions, Gift Wrapping, Bozeman Stampede, Car Wash, Butter Braids sales, etc...)

_____ 1 point

_____ 1 point

_____ 1 point

_____ 1 point

Total points for Sec. 3 _____

SECTION 4: 4-H ACTIVITIES & INVOLVEMENT

- a. **Interclub, District or County 4-H Activities** - May include 4-H Summer Camp, County Events or Contests, Communication Activities, Charitable or Community Service Activities (**Excluding** Fair [see Sec. 5] and Fundraising Activities [see Sec. 3c])

I participated in the following activities:

Name of Activity	Date	Location	Participant	Planning Committee
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points

- b. **State or County Ambassador and County/Project Committee Representatives**

- i. State Level Leadership _____ 10 points
- ii. County Level Leadership _____ 7 points
- iii. Youth Committee Member _____ 5 points

c. State and Other Major 4-H Events (ex. Congress, Rec Lab, Citizenship Seminar, Legislative Breakfast)

Name of Activity	Date	Location	Participant	Planning Committee
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points

Total points for Sec. 4 _____

SECTION 5: 4-H FAIR

- a. **Big Sky Country State Fair-** list below the **Project AREAS** in which you exhibited at the Fair (**List Project Divisions** - ex. Swine, Cake Decorating, etc..) (**DO NOT** list individual **Classes** separately - i.g. Market, Showmanship, Poster)

Project #1: _____ 1 point

Project #2: _____ 1 point

Project #3: _____ 1 point

Project #4: _____ 1 point

Project #5: _____ 1 point

Project #6: _____ 1 point

Project #7: _____ 1 point

Project #8: _____ 1 point

- b. **Fair Week Activities** (list dates):

i. Barn set-up _____ 1 point

ii. Show Ring set-up/take down _____ 1 point

iii. Buyer BBQ/Sale Help _____ 1 point

iv. Promo Booth Shift _____ 1 point

v. 4-H Fun Night Dance _____ 1 point

vi. Participated in Round Robin _____ 1 point

Total points for Sec. 5 _____

SECTION 6: NON-4H ACTIVITIES & INVOLVEMENT

a. School Groups/Clubs or School Sports Teams (public, private or homeschool)

_____	1 point
_____	1 point
_____	1 point
_____	1 point
_____	1 point

b. Community Youth Groups or Organizations

_____	1 point
_____	1 point
_____	1 point

c. Special Events or Programs

Date	Event	Location	
			1 point
			1 point
			1 point
			1 point
			1 point

d. Non-4H Recognition or Service Award (Top 5)

Type of Award	Presented By	
		1 point
		1 point
		1 point
		1 point
		1 point

Total points in Sec. 6 _____

<p>Total 4-H points for this year from Sections 1 + 2 + 3 + 4 + 5 _____</p> <p>Total Non-4-H points for this year from Section 6 _____</p> <p>Grand Total _____ (out of 155 points possible)</p> <p>_____ Signature of Member</p> <p>_____ Signature of Parent or Guardian</p> <p><i>"This youth was a member in good standing of a 4-H club in which I was a leader this year. The information shown is correct to the best of my knowledge."</i></p> <p>_____</p> <p>Signature of 4-H Club Leader or Assistant (other than parent)</p> <p>If not in a Club (Member at Large):</p> <p>_____</p> <p>Signature of 4-H Extension Agent</p>	<p>Office Use Only</p>
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Additional information you would like to share:

Scoring Guide

***You may only count each activity ONCE.** Do not double count activities in more than one Section. Do not add additional lines to the form. You are limited to the lines provided.

SECTION 1: 4-H CLUB

- a) **4-H Club Membership** - You must attend 70% of all scheduled 4-H meetings and activities. Activities include: any organized non-project workshops, social events, or club fund raising activities. For example: Highway cleanup, Christmas social, or an awards night. All planned club activities, other than meetings or project workshops should be claimed here.
- b) **4-H Club Activities** - Record any 4-H club activities including organized non-project workshops or social activities held in conjunction with club meetings or on separate days. If you helped plan the event and attended the event, you may mark two points, but you must have done more work than other club members. For example: National 4-H Week, Christmas Social, Club Awards Day Banquet, Public Speaking or other club activities.
- c) **4-H Club Offices** - All 4-H club positions are eligible. Examples of positions include: President, Vice-president, Secretary, Treasurer, Club Reporter, Historian. Club positions must be elected or assigned at the beginning of the club year. You must complete the club's expectations of the position, you must be an active and participating member.
- d) **4-H Club Committees** - Record any committees that you worked on within your club (ex. Fundraising Committee, Recreation Committee)

SECTION 2: 4-H PROJECTS

- a) **4-H Projects** - For you to receive points for a 4-H year, you must complete all requirements of at least one project during the year. You must complete your official 4-H Record book on your project for it to be counted. Minimum record book requirements are the "My 4-H Year" form, a "Project Record" form for each project taken and the "Animal Record" for each animal project.
- b) **4-H Project Activities** - All project activities must relate to your project area and provide information to all project members. For example: judging workshop, quilting demonstrations, industry tours and skill clinics.
 - i) A project activity may last any length of time.
 - ii) A project activity that is repeated can only be claimed once
 - iii) Activities relating directly to completing project requirements are not eligible. For example, livestock weigh-in days are not eligible because it is an expectation of the project.

SECTION 3: 4-H AWARDS, PROMOTIONS & FUNDRAISING

- a) **4-H Awards** - List any awards that you may have received during the Fair or throughout the year from your Club or project. These could include Lorrie Turner Food Project Awards, Grand/Reserve Champions, 4-H Scholarships, High Point Awards, County Contest Awards, etc.
- b) **Promotional Presentations** - Please list any activities/opportunities you have done that promote 4-H. This could be anything from writing a newspaper article about something your club is doing to participating in an actual presentation at an activity, etc.
- c) **4-H Fundraising Activities** - List any fundraising activities you have participated in where money has been earned for your 4-H Club or Project. Examples **include**: MSU Concessions, Bozeman Stampede, Gift wrapping, car wash, etc. ****Remember, these fundraising activities cannot be listed in other sections. Excludes** events like Manhattan Potato Festival (this was a promotional event, not a fundraiser as we did not earn any money for our hours worked or for selling/performing any goods/services).

SECTION 4: 4-H ACTIVITIES & INVOLVEMENT

- a) **Interclub, District or County 4-H Activities (Excluding Fair [see Sec. 5] and Fundraising Activities [see Sec. 3c])** - Interclub events are 4-H activities that involve more than just your club. County or district events that are planned by extension agents, respective council/committee or state staff are advertised in newsletters and websites. Examples include tours, social events, workshops or contests beyond your own 4 H club or project activities for this year.
 - i) If you attended the event, claim one point. If you helped organize and attended or staffed any of these, you may claim 2 points.
 - ii) Activities must involve at least one other club to qualify as an interclub activity.
- b) **State or County Ambassador and County/Project Committee Representatives** - All county, district, state and regional positions are eligible. You can mark this area only if you held an elected or assigned position or had committee responsibilities. Could include: ULC (Unlimited Leaders Council), Foundation or Market Livestock Committee Youth Representative positions, County Ambassador or County Teen Leader, or Project Committee Youth Representative positions (ex. Horse Committee, Poultry Committee, Swine Committee)
- c) **State and Other Major 4-H Events** - Participation in events that are planned by the state 4-H office should be listed here. Activities include workshops, contests or events, exchanges, or other major 4-H events this year. Specific examples: 4-H Congress, State Ambassador Training, Rec Lab, National 4-H Congress, Fall Ambassador Training, State Shooting Sports Match, State Horse Show, Citizenship Seminar/Legislative Breakfast.
 - i) If you participated as a delegate, claim one point. If you were a leader, organizer, counselor, or junior staff, claim two points.
 - ii) Courses or workshops offered to 4-H members by an outside agency can be claimed. Example – First Aid Class offered by a First Aid Instructor.

SECTION 5: 4-H FAIR

- a) Participation in the **Big Sky Country State Fair** - includes exhibited Project **Areas** in which you submitted an entry, submitted a record book for, and completed a Project Interview for. Keep Project Areas to the **Divisions** (ex. Swine, Cake Decorating), rather than separating out your individual Classes (ex. Showmanship, market, poster).
- b) **Fair Week Activities** include working in the 4-H Promotional booth, assisting or planning efforts prior to fair, and participating in shows or other fair activities.

SECTION 6: NON-4H ACTIVITIES & INVOLVEMENT

This section recognizes activities outside of 4-H. Involvement in areas other than 4-H creates a well-rounded individual. Yearly each non 4-H activity will only be recognized once on this entire page.

- a) **Community Youth Groups or Organizations**
 - i) Each youth group or organization can only be recognized once.
 - ii) Skill lessons count, but only at one level. For example: piano, swimming, ballet and riding lessons.
 - iii) Volunteer activities count if it involves personal time commitment.
- b) **Special Events or Programs**
 - i) Activities in this section must involve personal development, and be of an organized group nature.
 - ii) Events or programs listed in this section must not be associated with your involvement in school or community organizations as listed under sections one or two.
 - iii) Exhibitor events outside of 4-H such as livestock jackpot shows do count, but only once.
 - iv) Other camps, including sports camps, charity fundraising events, courses like first aid, and babysitting clinics count here.
- c) **Recognition or Service Award**
 - i) Any special recognition or service award can be used. For example: citizenship award, honor roll, scholarships, rodeo queen, top school athlete, and so on. Awards such as perfect attendance or fitness awards also count.