



Human Development & Family Sciences

Family Consumer Sciences Teaching Option

Suggested Curriculum by Semester

2026-2027

All classes must be completed with a C or better and a 3.0 GPA in all teaching majors, minors, & options

Freshman Year

| Fall | | Spring | |
|--|----|--|----|
| Course | Cr | Course | Cr |
| CULA 102 Introduction to Culinary Arts | 3 | AGED 253 Agriculture Ed in Public Schools | 3 |
| CULA 105 Food Safety Sanitation | 1 | HDFS 260 Child/Adolescent Devel OR EDU 223IS Ed Psych Adolescent Development | 3 |
| HDFS 101IS Individual and Family Development: Lifespan | 3 | M 105Q Contemporary Mathematics | 3 |
| HDFS 138 Survey of Family Finance & Consumer Issues | 3 | WRIT 101W College Writing I | 3 |
| US Core (COMX 111US or US 101US or EDU 101US) | 3 | Choose One: HDFS 218, HDFS 334, or HDFS 419 | 3 |
| Elective | 3 | | |

Sophomore Year

| Fall | | Spring | |
|--|----|---|----|
| Course | Cr | Course | Cr |
| EDU 211D Multicultural Education | 3 | EDU 370 Integrating Technology into Education | 3 |
| HDFS 271 Statistical Measures of Wellbeing | 3 | NUTR 226 Food Fundamentals | 3 |
| HDFS 237 Managing Work and Family | 3 | NUTR 227 Food Fundamentals Lab | 2 |
| HDFS 263 Relationships and Family Systems | 3 | Choose Two: HDFS 218, HDFS 334, or HDFS 419 | 6 |
| NUTR 221CS Basic Human Nutrition | 3 | Core (IA/IH/IN) | 3 |

Junior Year

| Fall | | Spring | |
|---|----|--|----|
| Course | Cr | Course | Cr |
| EDSP 306 Exceptional Learners | 3 | HDFS 359 Theories and Skills for the Human Services | 3 |
| EDU 382 Assessment, Curriculum, and Instruction | 3 | HDFS 450 Curriculum Development in FCS Education | 3 |
| HDFS 371 Research Methods in HHD | 3 | Choose One: HDFS 464 (spring), HDFS 465R (fall/summer) | 3 |
| Core (IA/IH/IN) | 6 | Electives | 6 |
| Apply to Teacher Education Program | | | |

Senior Year

| Fall | | Spring | |
|--|----|---------------------------|------|
| Course | Cr | Course | Cr |
| EDM 412 Methods: 5-12 Family Consumer Sciences | 3 | EDU 495R Student Teaching | 12 |
| EDP 304 Practicum: 5-12/K-12 | 2 | | |
| EDP 305 Practicum: 5-12/K-12 | 1 | | |
| EDU 347 Managing the Learning Environment | 3 | | |
| Electives | 7 | | |
| | | Total Credits | 120+ |

Submit Applications for Student Teaching & Graduation

Directed Electives (20-23 Credits) Choose 9 credits from a track below:

Human Services: Early Childhood

| | | |
|--------------------------|---|---|
| EDEC 160 | Early Childhood Development | 3 |
| EDEC 108 | Introduction to Early Childhood Education | 2 |
| EDEC 350 | Play and Learning in Early Childhood | 3 |

Human Services: Human Development and Family Science

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|------------------------------|---|---|
| HDFS 260 | Middle Childhood and Adolescent Development | 3 |
| HDFS 261 | Adult Development and Aging | 3 |
| HDFS 464 | Gndr, Rce, Clss, and Fam Diver | 3 |
| or HDFS 465R | Family Law & Public Policy | 3 |
| HTH 220 | Human Sexuality | 3 |

Human Services: Consumerism

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|----------------------------|--------------------------------|---|
| ECNS 101IS | Economic Way of Thinking | 3 |
| HDFS 315 | Comm. & Marketing in ComEd | 3 |
| HDFS 464 | Gndr, Rce, Clss and Fam Diver. | 3 |
| HDFS 465R | Family Law & Public Policy | 3 |

Human Services: School Context

| | | |
|--------------------------|---|---|
| HDFS 260 | Middle Childhood and Adolescent Development | 3 |
| HDFS 359 | Theories and Skills for the Human Services | 3 |
| CHTH 435 | Human Response to Stress | 3 |

Hospitality & Tourism: Hospitality Management and Culinary Arts

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|-------------------------|--|---|
| HTR 107 | Introduction to Hospitality Management | 3 |
| HTR 201 | Hotel Management and Operations | 3 |
| HTR 220 | Sustainability in the Hospitality Industry | 3 |

Education and Training

| | | |
|---------------------------|---|---|
| EDU 101US | Teaching and Learning | 3 |
| EDU 204IA | Arts & Lifelong Learning | 3 |
| EDU 331 | Lit and Literacy for Children | 3 |
| EDU 411 | ESL: Teaching Culturally/Linguistically Diverse K-12 Students | 3 |

Visual Arts & Design: Interior Design

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|----------------------------|--------------------------------|---|
| ARCH 121IA | Introduction to Design | 3 |
| IDSN 101 | Intro to Interior Design | 3 |
| IDSN 135 | Fundamentals of Space Planning | 3 |

Foundations of FCS

| | | |
|-----------------------------|--|---|
| EDEC 160 | Early Childhood Development | 3 |
| HTR 107 | Introduction to Hospitality Management | 3 |
| HDFS 465R | Family Law & Public Policy | 3 |
| Or HDFS 464 | Gndr, Rce, Clss, and Fam Diver | 3 |

Informational Education (Cooperative Extension, non-profits, etc.)

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|---------------------------|---|---|
| HDFS 315 | Communication and Marketing in Community Education | 3 |
| HDFS 455R | Program Planning and Administration in Family & Consumer Sciences | 3 |
| AGED 309 | Philosophy and Programs in Extension | 3 |
| HDFS 457 | Family Life Education | 3 |